

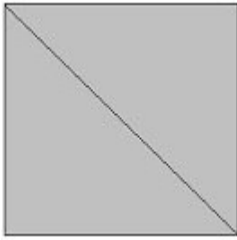
CONTINUAL BIAS BINDING

Glenda
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Designs

I didn't invent this technique, but I hope my directions will help you successfully create a big pile of bias binding with just 2 seams!

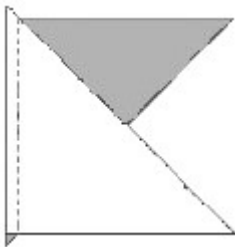
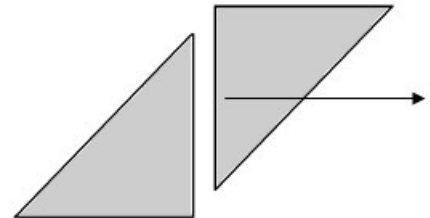
Start with a square of fabric. To calculate **approximate** inches of binding, multiply the size of the square times itself, then by the width you are cutting your binding. (Or know that 1 fat quarter makes approximately 4 yards and skip the math!)

- ❖ A 24" unfinished circle has a circumference of approximately 77"
- ❖ A 36" unfinished circle has a circumference of approximately 115"



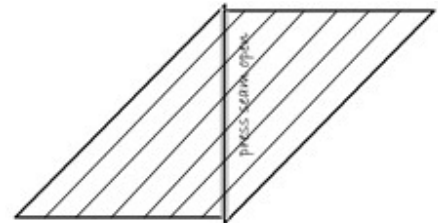
To make continual bias binding, cut a square of your chosen fabric according to the chart above. Mark a diagonal as shown, then cut along that line.

Pull the upper triangle straight across the lower one so that the straight grain edges are aligned.

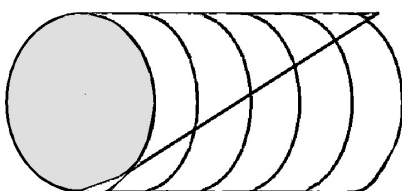


Put the **straight grain sides** together, offsetting the point by the width of your seam as diagrammed. Stitch, then press seam open.

Mark lines the desired width of your binding on the wrong side of fabric.
The lines must bisect the seam you made.



Now bring the top and bottom edges together to make a tube, **offsetting by one seam** (so that the outer left edge lines up with the first marked line.) Pin so the marked lines intersect at the seam allowance. Check for accuracy before sewing.



After sewing and pressing the seam open, cut along the line to produce a continual piece of bias.

Fold bias strip in half lengthwise, wrong sides together, and gently press. **Handle bias with care so as not to distort the fabric.**